Mr. Sexton is a physical education teacher who has made a unique connection between physical exercise and community service. He’s devised two annual fundraising events in which physical activities support an important cause. The first is *Jump Rope for Heart*, a jump rope event held at the school that supports the American Heart Association. To date it has raised nearly twenty thousand dollars! Another activity Mr. Sexton leads is the annual *Turkey Trot*, a mile-run event which requires a food donation as the entry fee. The organization it supports is the “Bellmawr Believes” Outreach Program.

Mr. Sexton also serves his school in other ways. He has spearheaded a committee to create a fair and equitable discipline plan for the students. He’s also taken a strong stand against bullying by creating what he calls a “bully box,” where students can anonymously report unkind actions toward others.

Mr. Sexton is a hero for all of these endeavors and a most-deserving recipient of this award.